

HBOT Services, LLC

IMPORTANT INFORMATION

How to prepare for your upcoming hyperbaric chamber appointment

- Please wear comfortable loose fitting cotton or cotton type clothing, gym clothes
- Little to no makeup, perfumes, lotions, skin oils of any kind
- Please wear socks
- All jewelry, earrings, necklaces, bracelets, watches, loose coins, wallets, purses, must go into the basket provided, it will all remain in the basket right next to the chamber
- All lighters, matches, hearing aids, and other medical devices need to be removed and placed in basket provided.
- Some of you want to take this time to relax; one hour in the hyperbaric chamber is the equivalent to 4 hours of sleep!